



II. SCRIPTURE

I. CHECK-IN

- Check-in with each other. How is life? What is happening?
- Reflect on last week's challenge:

"Recite Psalm 23 at least once every day this week. As each day passes take note of how your perspective towards any struggles or hardships change."

V. PRAYER

Spend some time sharing prayer requests with each other. As the small group leader, we ask that you do two things:

1. write them down
2. ask someone to pray

IV. CHALLENGE

Recite Psalm 23 at least once every day this week. As each day passes take note of how your perspective towards any struggles or hardships change.

Be prepared to share your thoughts with the group next week.

Psalm 23:

The Lord is my shepherd; I shall not want. He maketh me to lie down in green pastures: he leadeth me beside the still waters. He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake. Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me. Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over. Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

III. DISCUSSION

- What stands out to you from the scripture above?
- What traditions or customs do you practice in hopes of having good luck or well being? (i.e. eating grapes at midnight and walking in and out of your house with luggage).
- Why do people do these things and do you think they actually work?
- Have you ever tried to avoid pain and suffering throughout life? What did you do? Did it work?
- Pastor Fernie mentions that suffering is an inevitable part of life. How do you feel about that?
- Having a relationship with God is not a pathway towards avoiding suffering. But it is an assurance that God will be with us even in the darkest valleys. Is there any comfort in knowing this?