

the HOME SHEET

this week's topic:

THE ROOT OF ALL EVIL:
MONEY CAN MAKE US WEARY



I. CHECK-IN

Check-in about last week's challenge:

Last week you were challenged to put some money aside that can be used to help others. Did an opportunity arise to help someone this week? What was that experience like since you were financially prepared?



II. SCRIPTURE

Proverbs 23:4: Don't wear yourself out trying to get rich; be smart enough to stop.

Exodus 20:8-10: Remember the sabbath day and treat it as holy. Six days you may work and do all your tasks, but the seventh day is a Sabbath to the Lord your God. Do not do any work on it, not you, your sons or daughters, your male or female servants, your animals, or the immigrant who is living with you.



III. PRAYER

Spend some time sharing prayer requests with each other. As the small group leader, we ask that you do two things:

1. write them down
2. ask someone to pray

IV. CHALLENGE

Author Kaitlyn Schiess says this: Sabbath is about delighting in creation and resting in our dependence upon the creator. This week, find some time to put this understanding of sabbath into practice.

Be prepared to share about this next week.

III. DISCUSSION

- Reflect on the scripture passage above. What stands out to you?
- Have you ever felt burnt out?
 - What was that experience like?
 - How did you recover from it?
 - What had to change?
- What is your understanding of what sabbath is?
- Based on the definition given in the Sermoncast about what sabbath is, have you ever intentionally practiced sabbath before?
 - If so, what does that look like for you?
 - If not, why not?
- What are some steps you could take to make Sabbath a regular part of your life in order to avoid weariness or burnout?

