

theHOME SHEET

Vices | Part 5 | Sloth

April 3, 2022

SCRIPTURE READING

Luke 10:38-42

³⁸ Now as they went on their way, he entered a certain village, where a woman named Martha welcomed him into her home. ³⁹ She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. ⁴⁰ But Martha was distracted by her many tasks; so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me." ⁴¹ But the Lord answered her, "Martha, Martha, you are worried and distracted by many things; ⁴² there is need of only one thing. Mary has chosen the better part, which will not be taken away from her."

SOMETHING TO THINK ABOUT

1. What comes to mind when you picture the vice of sloth?
2. Sanctification is defined as "the process of becoming more and more into the likeness of Jesus."
 - a. How have growing in small groups, gathering in large groups, and giving your life in service at Mid City Church helped you become more like Jesus?
 - b. What other practices help you on your journey of sanctification?
3. The vice of sloth (or acedia) can be understood as the vice of falling into the trap of distractions.
 - a. Even though the desert mothers and fathers lived apart from everyone to fully focus on their journey of sanctification, they still became distracted. What distracts you from your journey of becoming more like Jesus?
4. While sloth can be understood as laziness, it can also be understood as busyness.
 - a. How have these two understandings of sloth played themselves out in your life?
5. Looking at the scripture above, in what ways is Martha an example of someone experiencing sloth?

PUTTING IT INTO PRACTICE:

What steps can you take to identify and overcome sloth in your life?