

## **SCRIPTURE READING**

"Direct your heart to the Lord, and serve him only, and he will deliver you out of the hand of the Philistines."

The people of Israel said to Samuel, "Do not cease to cry out to the Lord our God for us, and pray that he may save us from the hand of the Philistines."

## -1 Samuel 7:3, 8

## SOMETHING TO THINK ABOUT

- 1. Have you ever felt like everything was going wrong in your life?
- 2. The Ark of the Covenant served as a kind of good luck charm for the Israelites. Do you have your own lucky charm?
- 3. In the scripture above, Samuel continuously prays that God will save them from the Philistines, and his prayer works. Have you ever had a prayer that you prayed over and over, waiting for an answer?
- 4. "Ebenezer" means "the Lord has helped us." When Samuel named the stone Ebenezer, he didn't know what was coming next, but he knew that God had been with them this far. He trusted that God would lead them through anything they may face. What has God helped you get through? How does this help you to trust in God?

## **PUTTING IT INTO PRACTICE**

This week, select an object that you use all the time. It could be a water bottle, your pillow, your hairbrush, your phone, anything! Every time you interact with this object this week, remember that God has gotten you this far, and God will be with you moving forward.

Remember that God is faithful!