

theHOME SHEET

Wear Better Pants | Part 1 | Spiritual Disciplines
January 9, 2022

SCRIPTURE READING

⁴¹ So those who welcomed his (Peter's) message were baptized, and that day about three thousand persons were added. ⁴² They devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers. -Acts 2:41-42

SOMETHING TO THINK ABOUT

1. Have you made any New Year's resolutions? Do you tend to keep your New Year's resolutions, or forget about them after a few weeks?
2. In the scripture above, 3,000 people are baptized and then commit to the spiritual disciplines of listening to the apostles teach, to fellowship, to breaking bread, and to prayer.
 - a. Have you ever felt a longing to live differently like these people did?
3. To experience transformation in our lives, we have to practice spiritual disciplines just like the early believers did.
 - a. "Anything can be a spiritual discipline when we recognize the presence of God." - Emily Freeman.
 - b. Name places in your life where you recognize God's presence.
4. Have you ever had pants that didn't fit quite right? How did it make you feel when you put them on? In comparison, how do you feel when you wear pants that fit just right?
5. "Wearing better pants is a spiritual discipline because it reminds me that only God gets to define who I am, and not some pants." -Pastor Fernie.
 - a. Can you relate to this sentiment?

PUTTING IT INTO PRACTICE

Instead of making New Year's resolutions you probably won't keep, focus on uncovering spiritual disciplines this year. Focus on noticing God speaking to you through both very intentional practices (going to church, praying, reading the Bible), and also through mundane, everyday things (going for a walk or wearing better pants).